

Optimizing Performance in the Face of Reform: Strategies for 2012

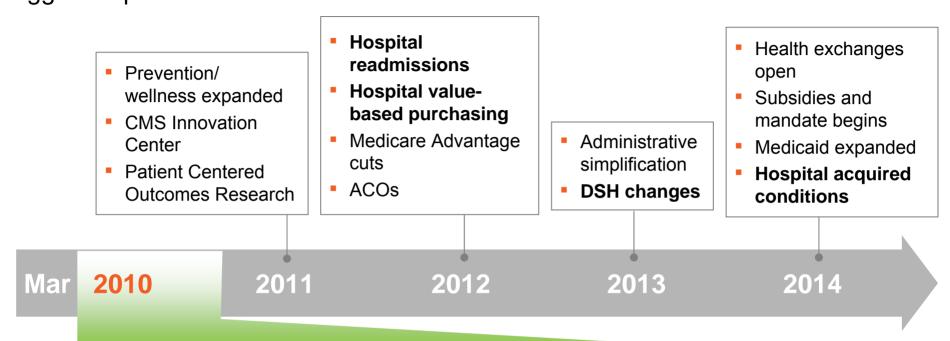
Asit Gosar Objective Health, a McKinsey Solution for Healthcare Providers

Webinar January 25, 2012

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Health reform is gradually being implemented, with some of the biggest impacts still to come

NOT EXHAUSTIVE



- Dependent coverage extended to age 26
- \$250 "doughnut hole" rebate for seniors
- Protections against not covering people because of pre-existing conditions and/or dropping them when they become sick
- Minimum medical loss ratio requirement
- Reductions in Medicare FFS payments

- Ban on lifetime / annual limits
- Increased free preventative coverage
- Options for people that are "high-risk" to obtain coverage
- Tax credits to small business
- Establishing many commissions (e.g., workforce, women's' health)

What is the expected impact if the Supreme Court strikes down the individual mandate but allows the rest of the ACA to stand?

Out of the 30 million people expected to gain coverage under current law:

- A. 8 million fewer people would gain coverage if the mandate is struck down
- B. **16 million** fewer people
- C. **20 million** fewer people
- D. **24 million** fewer people

SOURCE: Lewin Group

The landscape in 2012

Context

- Supreme Court decision on constitutionality
- Presidential election
- Federal government busy at work on implementation
 - Exchanges, Stage 2 Meaningful Use, DSH, Next Generation VBP,
 Wage index reform, National Bundled Payment pilot
- Some states setting up their exchanges; several others waiting to see based on Supreme Court decision

Provider agenda

- Providers continuing to prepare themselves for the coming post-reform era, characterized by:
 - More patients, but fewer dollars per patient
 - Greater integration
 - Horizontally among hospitals; and
 - Vertically between hospitals, payors / employers and physicians
- In 2012, providers will be focused on:
 - Execution of "no regrets" moves to hold down costs and capture growth opportunities
 - Execution of IT transformation to achieve Meaningful Use and lay foundation for potential clinical integration
 - Development of long-term strategy to thrive

Which of the following areas presents the largest opportunity for margin improvement at your hospital in 2012?

- A. Supply expenses
- B. Labor productivity & operations
- C. Physician resource utilization
- D. Revenue cycle
- E. Service line growth

In this webinar, we will take a look at how one hospital did an exhaustive review of its "no regrets" opportunities and moved aggressively to capture them

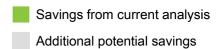
Background

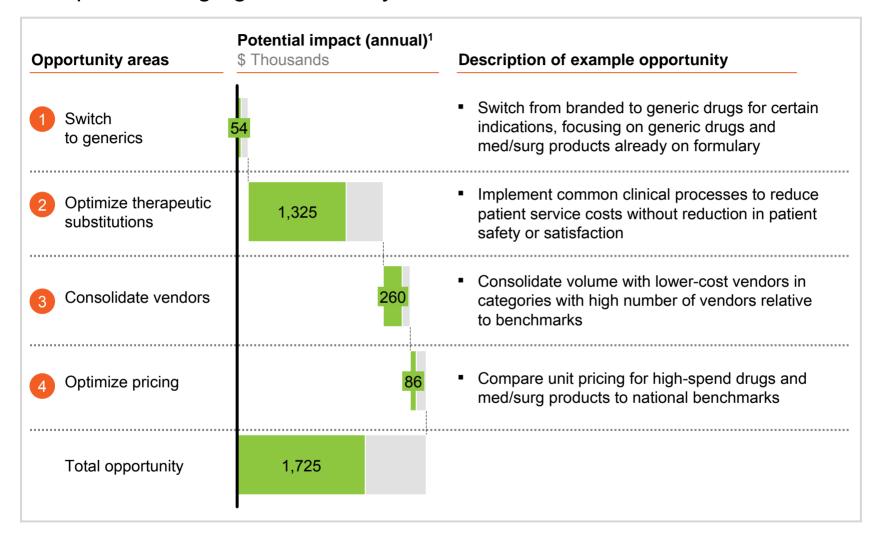
- 300+ bed independent not for profit tertiary hospital
- Full complement of services, including bariatrics
- Heavy Medicare population
- \$200M net operating revenue

Approach

- Step 1: Use granular data to uncover performance improvement opportunities
- Step 2: Ensure opportunities are captured through sophisticated project management

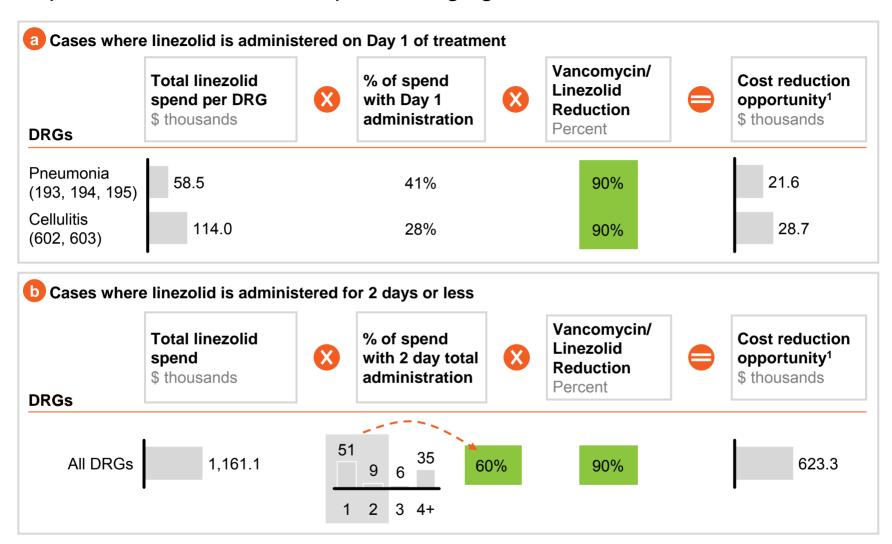
Supply expenses: The hospital found opportunities equal to ~5% of spend through granular analysis





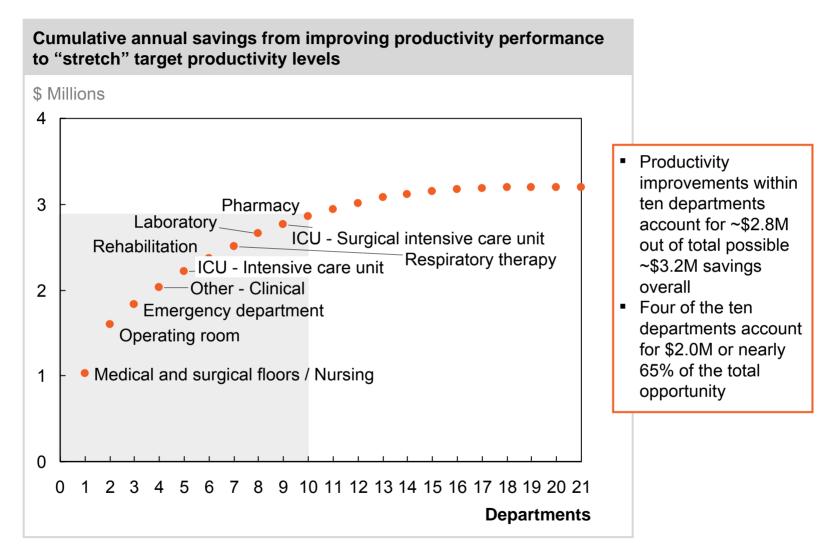
NOTE: All recommendations will require review by and approval from physician and/or P&T committees

Therapeutic substitutions example: Managing antibiotic use

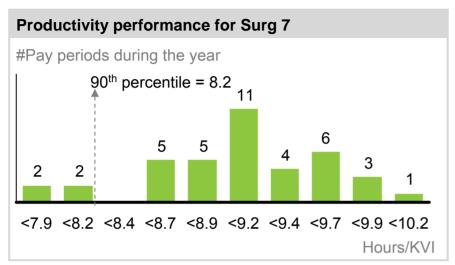


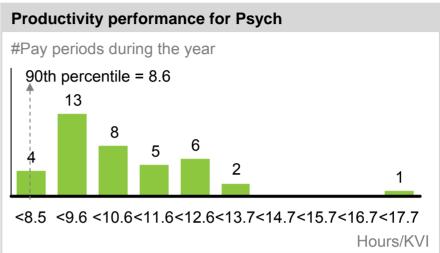
Note: All recommendations will require review by and approval from physician and/or P&T committees 1 Further analysis is needed to filter out patients who have previously failed vancomycin therapy

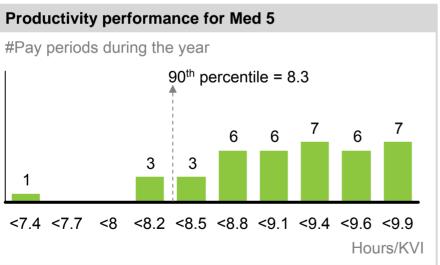
Labor productivity: Improving productivity to consistently high levels of performance had the potential to save the hospital ~10% of labor spend

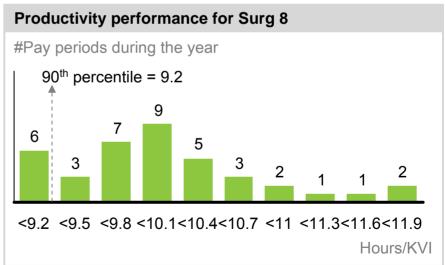


Labor productivity: The hospital assessed opportunity by examining each cost center's variability in productivity performance over time

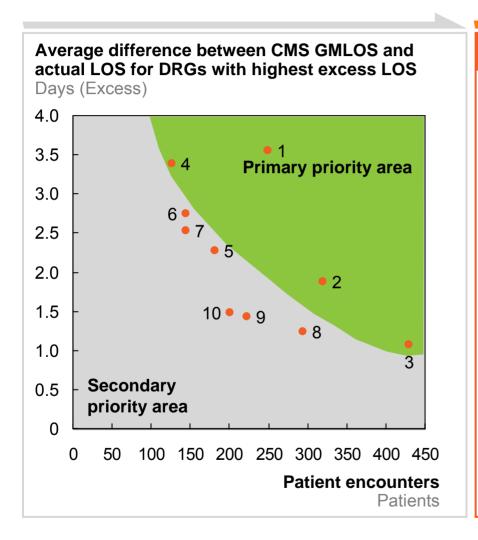








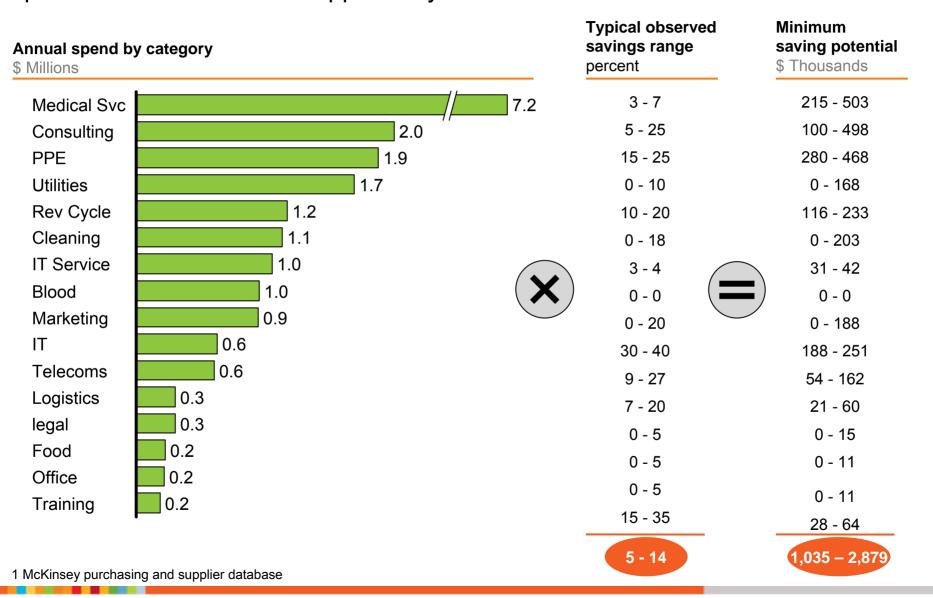
Operations: The hospital assessed excess LOS at the DRG level to help target throughput improvement initiatives



Summary of ELOS analysis

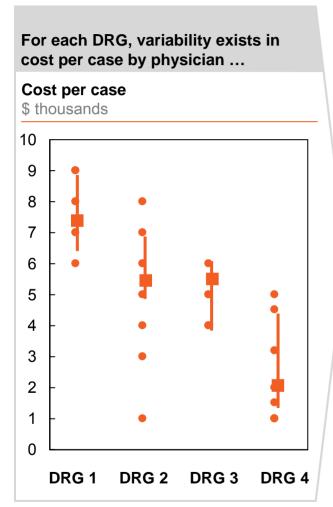
- Overall average ELOS was 1.78
- Hospital could save potentially ~\$15M in variable costs by capturing the ELOS opportunity
- By reducing ELOS, hospital could increase flexibility² by freeing up 17% of bed capacity
- The average ELOS of the top ten DRGs is 2.16 days
- These ten DRGs account for ~22% of overall ELOS

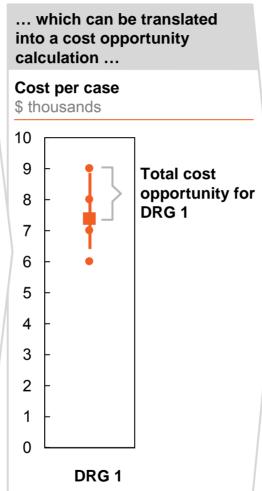
Purchased Services: Applying best practice savings range to each category of spend resulted in a 5-14% opportunity

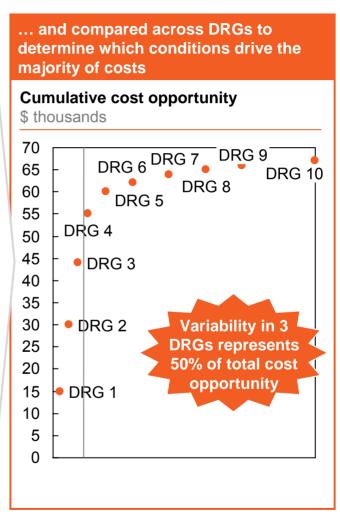


Physician variation: The hospital looked at case-level economics to help target physician resource utilization improvement initiatives

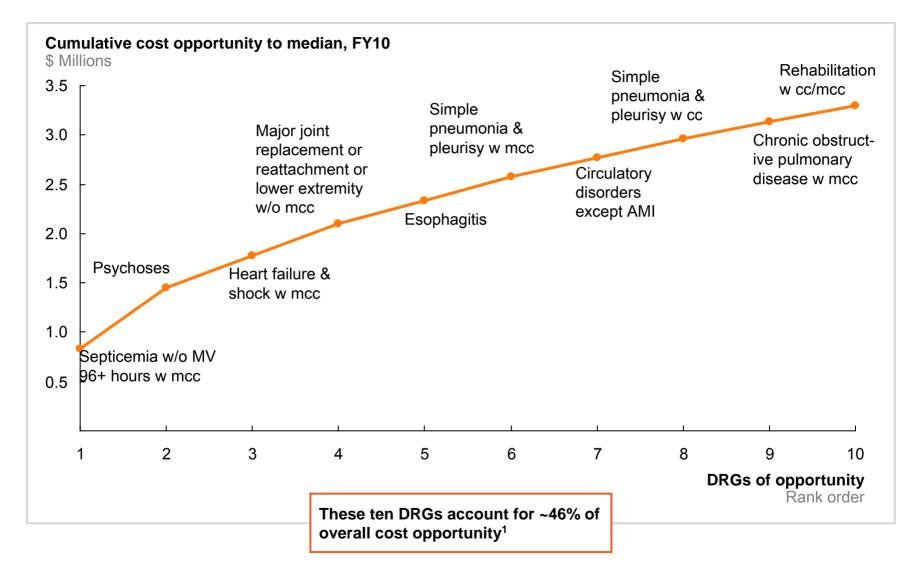




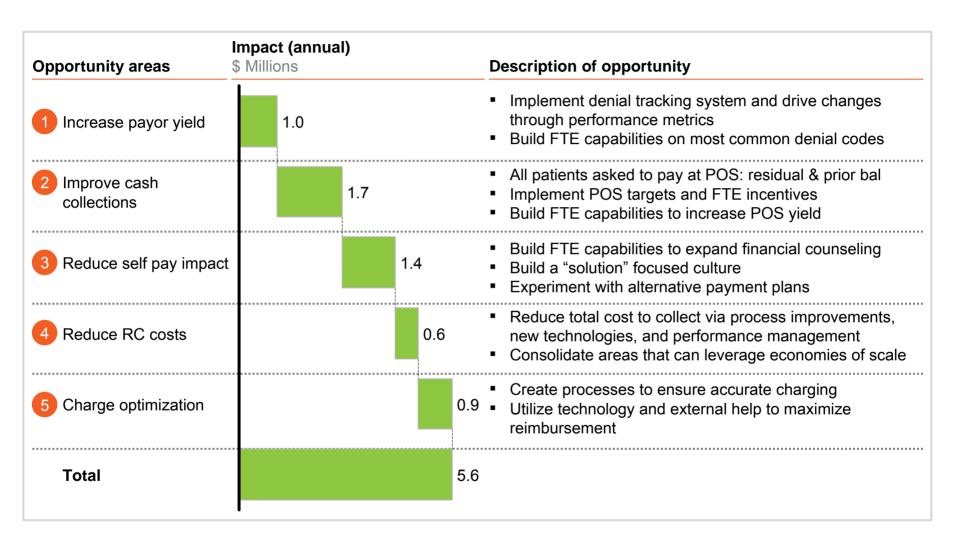




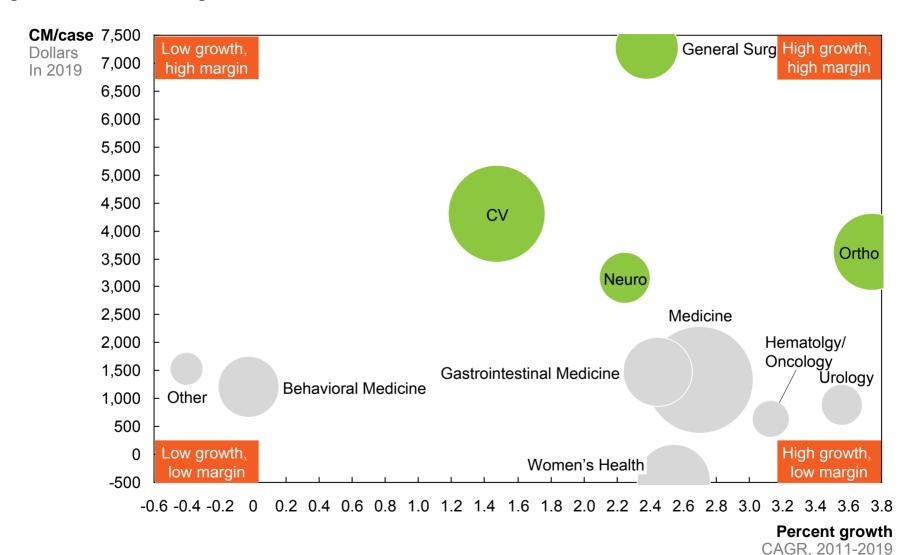
Physician variation: Just 10 DRGs represented a 2-3% cost reduction opportunity



Revenue cycle: Focusing on 5 key levers identified a 2-3% potential improvement in revenue



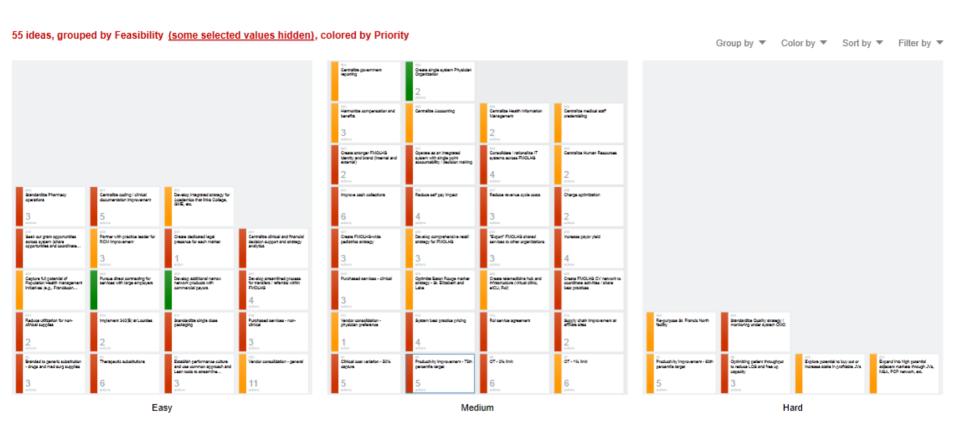
Service line growth: The hospital prioritized service lines based on projected growth and changes in economics



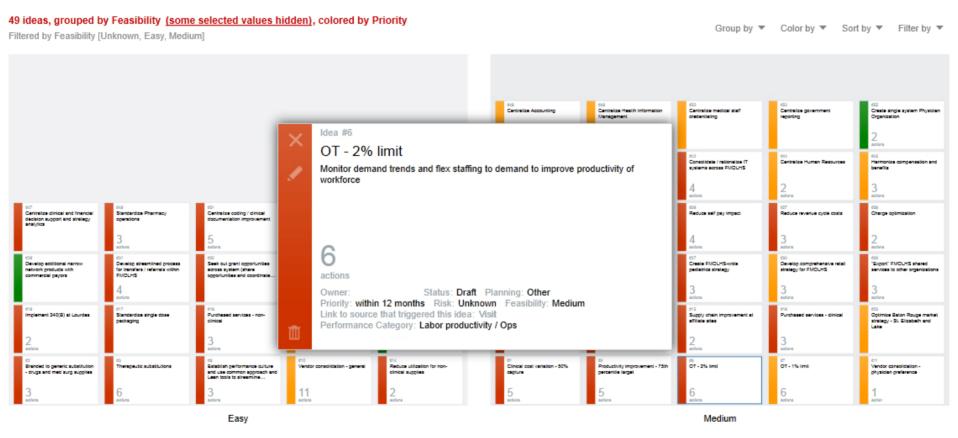
Service line growth: Within each service line, the hospital drilled down and identified where they were underperforming and could improve share

Service line	Potential target	Incremental cases	CM / case ¹ (\$)	Opportunity ¹ (\$000's)
Joint surgery	 Improve share of joint surgery by 22% in PSA and 5% in SSA 	20	\$3,700	79
 Cardiovascular care 	Improve SSA share of all CV volume by 3%	140	\$2,500	346
Electrophysiology	Improve PSA share of EP by 5%	8	\$5,300	43
 Oncology surgery 	 Improve oncology surgery share by 15% in PSA 	40	\$6,400	254
Non-oncology general surgery	 Improve non-oncology general surgery share by 8% in PSA, 5% in SSA North and 3% in SSA West 	110	\$8,000	913
Neurosurgery	 Gain 12% share in neurosurgery in SSA West 	11	\$5,800	61
Total				1,696

1 Measured in 2019 dollars SOURCE: Blinded OH analysis The hospital organized the large number of ideas and initiatives coming out of the performance review into a prioritized portfolio that balanced impact, ease of capture, and time to capture ...



... and ensured the initiatives were successfully implemented through sophisticated project management (1/2)



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OT - 2% limit

#	Title		
80	2% OT labor use; targets for fixed dpt. to manage productivity over time		
81	Determine best staffing levels for departments like the ED/OR/Nursing floors; Do we need a scribe in the ED		
82	Standardize policy around sending exempt FTE home due to low patient load		
83	Establish a standard policy to handle PTO for hourly employees when there is sick time		
84	Cross train staff to reduce overtime		
85	Evaluate ways to share/best utilize pools of certain skill roles (pharmacists, OTs, PTs) to reduce overtime		
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Q & A

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