## Orthopedics: The Forecast for the Next Five Years

7<sup>th</sup> Annual Orthopedic, Spine and Pain Management – Driven ASC Conference



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June 12, 2009 Chicago, IL

### **Agenda**

### **Orthopedics and Spine Landscape**

Appetite for Technology "Pre-Crisis" Forecast Economic Reality Drivers of Change



# Musculoskeletal Medicine Is a Key Component of Health Care

- More than 1 in 4 Americans has a condition requiring medical attention.
- Annual direct and indirect costs for bone and joint health in the U.S. are \$850 billion.
- MSK medicine is the leading cause of disability in the U.S.
- MSK costs consume 7.7% of the national gross domestic product.
- The demand will escalate in the next 10-20 years largely driven by aging population and sedentary lifestyles.
- Accounts for more that half of all chronic conditions in people over 50 years of age in developing countries.

The burden of musculoskeletal disease is significant



### Spine Care Demand is in the Spotlight

- As much as 80% of the population will experience back pain at some point in their lifetimes.
- Back pain is the third most expensive health problem in the US.
- Back symptoms are the leading cause of job-related disability.
- Patients with back pain incur 65% higher health care costs than individuals without back pain.
- Concerns regarding over treatment grow.



Source: Sg2 Analysis, 2008.

### Ortho and Neuro Have Traditionally Been Lucrative Specialties for Providers

### **Key Service Lines For Hospital Revenue**

- Cardiology
- Radiology
- Orthopedic Surgery
- Neurosciences
- Oncology

This is technology driven and needs to be properly managed



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# There Is No Shortage of Orthopedic Technology

- 398—orthopedic 510(k) devices approved in 2007
- 6—original orthopedic PMAs, 34 orthopedic supplements in 2007
- 477—orthopedic 510(k) devices approved in 2005
- 13—orthopedic PMA amendments approved in 2005
- 33—orthopedic PMAs approved between 2000 and 2005

In scientific knowledge and advancement, we are exceeding by 4 times the rate of change of the last 25 years.

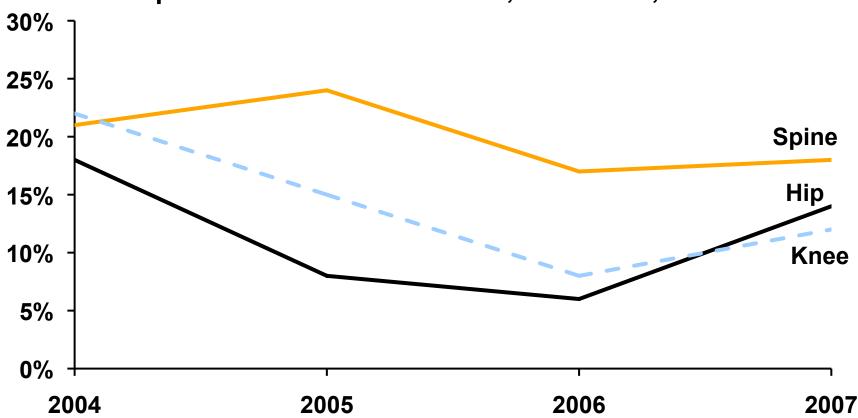


PMA = premarket approval.



# **Growth in Spine Device Industry Rivals Hips and Knees**

Growth in Spine and Joint Device Sales, US Market, 2004–2007

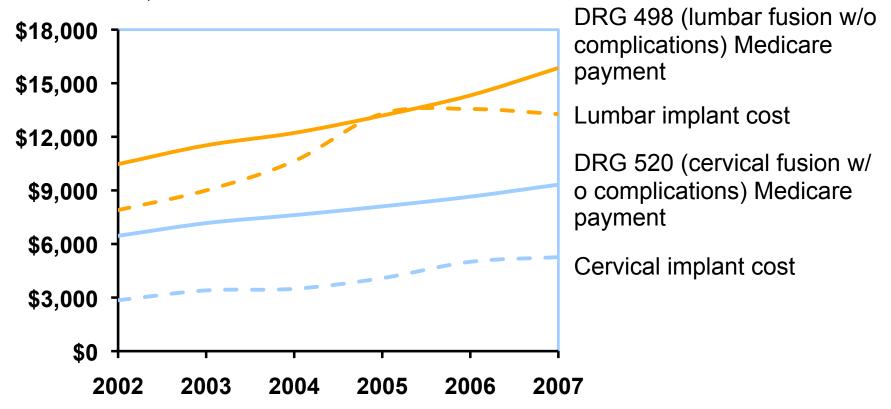


Sources: Wachovia Capital. Ortho and Spine Q1 2008 Review; SG Cowen & Co.



### Price Increases Present an Unsustainable Trend

## Implant Costs\* and Reimbursement per Case US Market, 2002–2007



<sup>\*</sup>Fusion implant costs include metals, bone graft, autograft, interbody fusion devices and BMP. DRG = diagnosis-related groups.

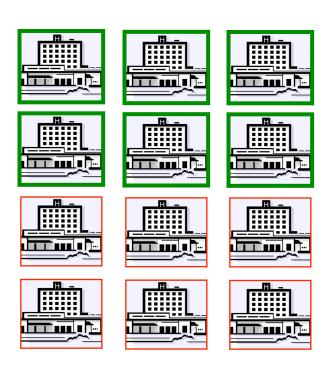
Source: Orthopedic Network News 2007;18(4).



### **Are Hospitals Profitable in Orthopedics?**

#### **Medicare Cases**

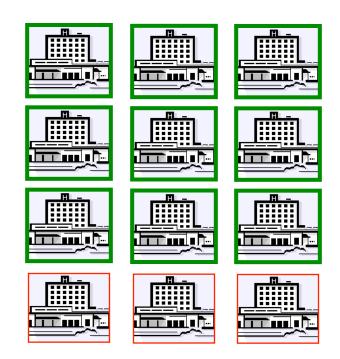
Sg2U Participants, 2008



6/12 profitable

Source: Sg2 Analysis, 2008.

Non-Medicare Cases Sg2U Participants, 2008



9/12 profitable



## **Consolidation Creates Strong Supplier Power**

72.8% 72.0%

Company	Hips	Knees	Spine	Trauma	Sales (\$M)	
Stryker	22.5%	20.6%	7.2%	15.7%	5,331	
Zimmer	28.1%	29.5%	2.9%	5.0%	4,191	
J&J DePuy	22.2%	21.9%	13.3%	5.5%	3,727	
Biomet	10.4%	12.0%	2.9%	5.4%	2,372	
Smith & Nephew	12.0%	13.0%	1.1%	10.1%	1,491	
Wright Medical	3.0%	1.9%	_	-	399	
Synthes	1	_	11.1%	45.8%	2,720	
Medtronic	1	_	51.3%	_	3,636	
NuVasive	1	_	2.9%	-	204	
Other	1.8%	1.2%	7.3%	12.5%		
US Market Size (M)	\$4,885	\$6,058	\$7,082	\$4,016		

Source: William Blair & Company Forecasts, 2008.



# **Technology Innovation Creates Challenging Economics**

## **Established Technology**



## **Emerging Technology**

Polyethylene-on-Metal Hip Implants \$4,624

54% higher device cost

Ceramic-on-Ceramic
Hip Implants
\$7,125

Metal-on-Metal Hip Implants \$6,031

76% higher device cost

Hip Resurfacing Implant \$10,625

Cemented Total Knee Implants \$5,139

36% higher device cost

Bicompartmental Knee Implant \$7,000

Total Knee Arthroplasty \$150,000 to \$250,000 capital investment

Computer-Assisted MIS Knee Arthroplasty



Courtesy of Smith & Nephew, Inc.



Printed with permission of BrainLAB.

MIS = minimally invasive surgery.

Sources: Orthopedic Network News 2007; Sg2 Analysis, 2008.



### **But Who Picks? Who Pays?**

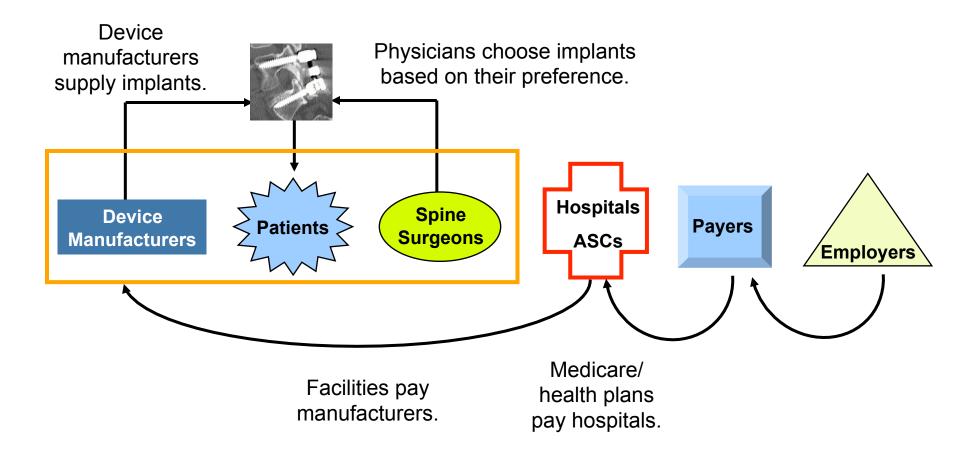


Image printed with permission of Toshiba America Medical Systems. ASC = ambulatory surgery center.



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Orthopedics and Spine Landscape Appetite for Technology

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# Nationally, Orthopedic Growth Creates Potential Opportunities

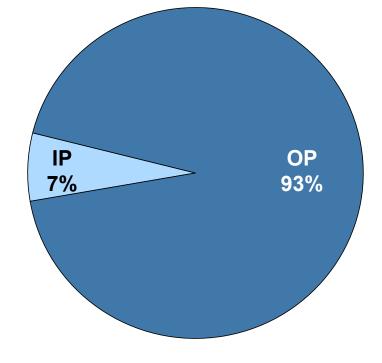
**Inpatient Orthopedics Distribution US Market**, 2008

**Total Volume: 3.2 Million** 

Outpatient Orthopedic Procedures US Market, 2008

**Total Volume: 39.7 Million** 

26% IP Growth 2008–2018



19% OP Growth 2008–2018

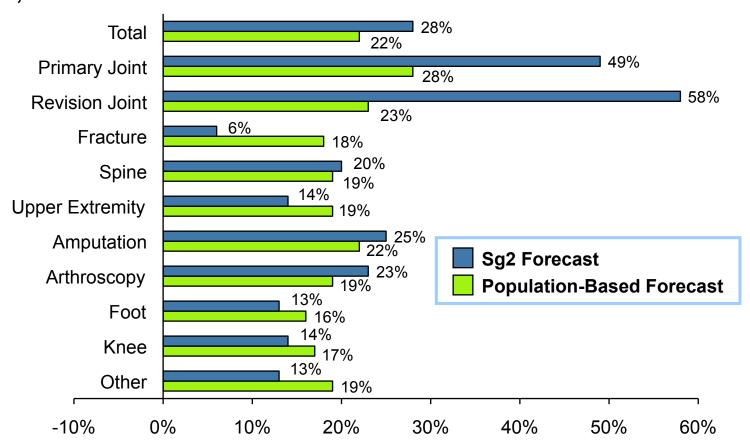
IP = inpatient; OP = outpatient.

Sources: Impact of Change® v7.0; NIS; Sg2 Analysis, 2008.



## Inpatient Orthopedic Procedures Will Experience Significant Growth

## Inpatient Surgical Orthopedics Growth Forecast US Market, 2008–2018



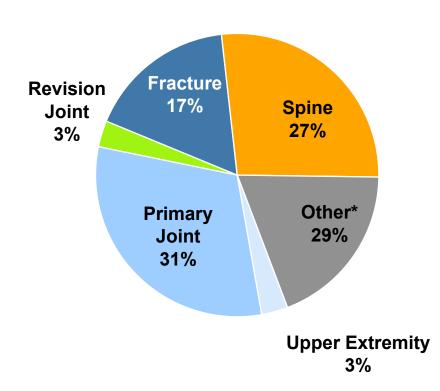
Note: Numbers do not add up to 100% due to rounding. Sources: Impact of Change® v7.0; Sg2 Analysis, 2008.



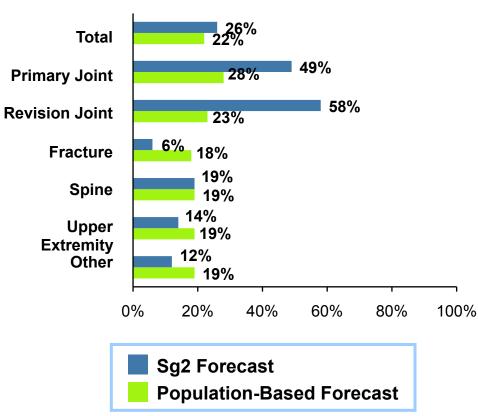
# Joint Replacement and Spine Care Drive Inpatient Orthopedics Volumes

Inpatient Orthopedics Distribution US Market, 2008

**Total Volume: 3.2 Million** 







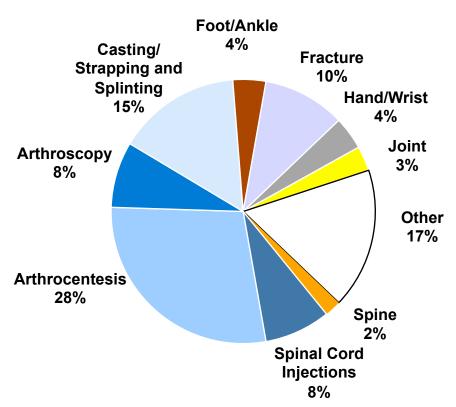
<sup>\*</sup>Note: Other includes Amputation, Arthroscopy, Foot, Fracture – Medical, Orthopedics – Other medical, Orthopedics- Other surgical, and Other Knee. Sources: Impact of Change® v7.0; NHDS; Sg2 Analysis, 2008.

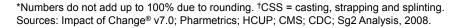


# Outpatient Growth Varies by Orthopedic Subspecialty

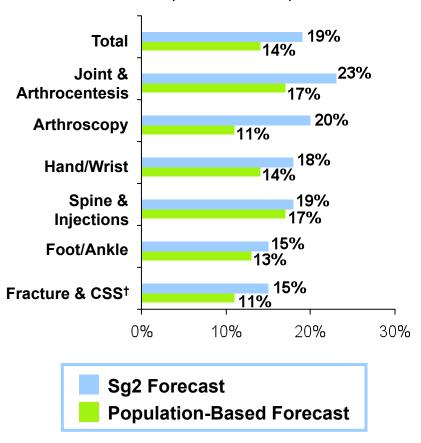
Outpatient Orthopedic Procedures\* US Market, 2008

**Total Volume: 39.7 Million** 











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### The Myth: Health Care Is a Recession-Proof Industry

Conventional wisdom holds that health care is a "recession-proof" industry, somehow immune to economic cycles.

Assumption	Reality
People always get sick, in good economic times and bad.	<ul> <li>People can and do defer health care in difficult economic times.</li> <li>Primary, preventive and elective services are usually the first to be delayed or dropped.</li> </ul>
People don't pay for health care, so a downturn shouldn't affect demand.	<ul> <li>Employers pay the majority of the bill, but increasingly employees do as well.</li> <li>Premiums, deductibles and co-payments have been rising for the past few years.</li> </ul>
The government will always be there.	<ul> <li>State revenues and expenditures are affected by economic downturns, which in turn affects Medicaid spending.</li> <li>CMS will increasingly resort to cost controls to reduce Medicare spending.</li> </ul>



## Reality: The Economy Affects Providers Through Many Channels

#### **Corporate Profits**

 As profits fall, companies reduce their workforce and scale back health benefits.

#### **Consumer Confidence**

 Consumers hold back on primary and discretionary care, thus reducing utilization.

#### **Industry Structure**

 An increase in part-time and service occupations is often associated with reduced benefits.

#### Unemployment

Job losses lead to increased Medicaid enrollment and the number of uninsured, increasing hospital bad debt.

#### **Equity/Debt Markets**

 Difficulties accessing capital constrain the ability of hospitals to finance new projects.

#### Tax Revenue

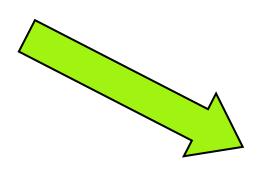
 Pressure will increase to cut Medicare and Medicaid spending on hospital services.



## Recessions Pack a One-Two Punch on Health Care

#### Punch 1

- Cost of capital/ access to capital
- Nonoperating (investment) income
- Discretionary service volumes



#### Punch 2

- Discretionary service volumes (cont'd)
- Bad debt
- Medicaid eligibility/ payment rates
- Charitable giving

Health care is a lagging indicator of the economy.

22

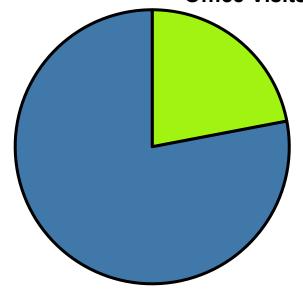
2007	2008	2009
2010		



# **Economic Pressures Slow Demand for Physician Visits**

#### Reduction in Health Care Utilization, 2008

22% of Americans Cut Back on Physician Office Visits



#### **National Consumer Surveys**

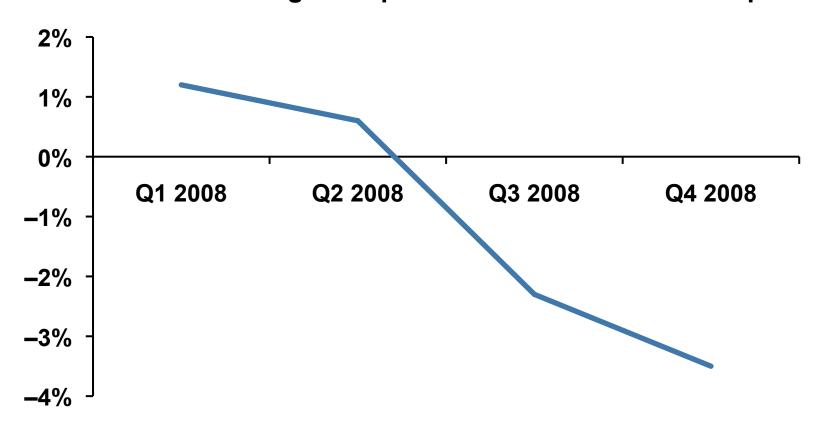
- 29% report that a household member put off or postponed getting needed care.
- 24% skipped a recommended medical test or treatment—up from 17% in 2005.
- 23% did not fill a prescription.

Sources: Kaiser Family Foundation, 2008; National Association of Insurance Commissioners, 2008.



# **Inpatient Volumes Began Falling Midyear 2008**

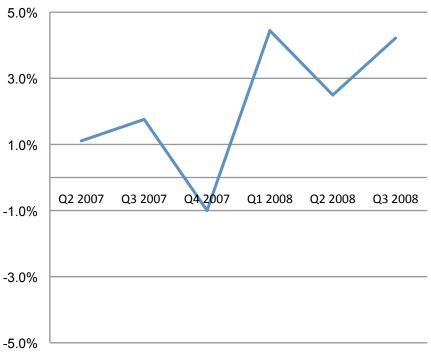
#### **Year-Over-Year Change in Inpatient Admissions—US Hospitals**



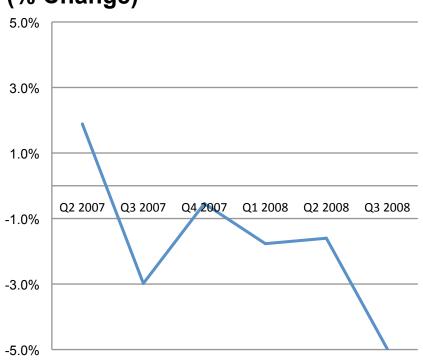
Source: Citigroup, 2008.

### **ED Visits Up, Outpatient Surgeries Down**

## **Emergency Department Visits** (% Change)



## Outpatient Surgeries (% Change)



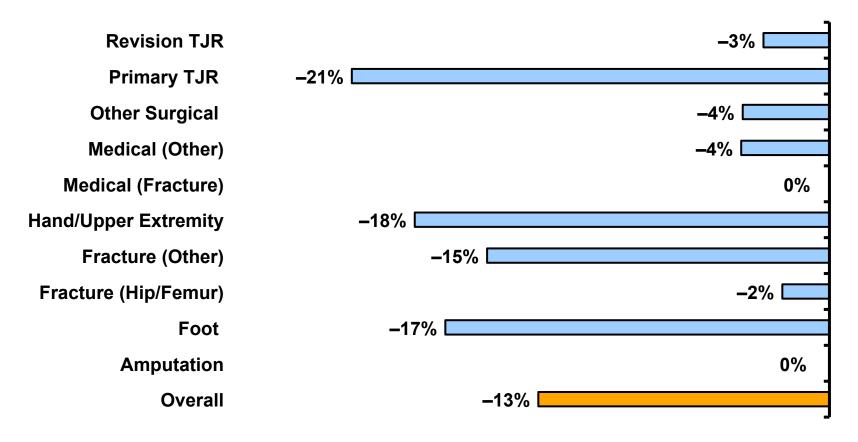
ED = emergency department.

Source: Sg2 Interviews and Analysis of 15 Diverse Hospitals and Health Systems, 2009.



## Elective Orthopedic Procedure Volumes Will Decline in 2009

#### Orthopedic Volumes—Change in Discharges, 2008–2009



TJR = total joint replacement.

Sources: Nationwide Inpatient Sample, 2008; Sg2 Economic Impact Calculator, 2008.



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Providing Value – The New Metric



### Where Is the System Going Next?









1983 to 2000 Reimbursement 2000 to 2008 Payment 2008 to 2016

Purchasing Based on Outcomes

Photo: comstock.com; @iStockphoto.com/Kaye Veazey/Tom McNemar.

# Competition on "Value" Will Increase: Focus on Quality and Cost

- All patients will ask 2 questions before traveling for care:
  - How much does it cost?
  - What is the quality of care?



Value = Quality/Cost

Source: Sg2 Analysis, 2008.



# The Evolution of Medicare Pay for Performance: Value-Based Purchasing

Pay for Performance v2.0

Transforming CMS from a passive payer to an active purchaser of high-quality, efficient care

Pay for	Reporting			Value-Ba	sed Purch	asing	
2006	2007	2008	2009	2010	2011	2012 and Beyond	
RHQDAPU	HHS Submits Report to Congress	Implem	BP entation 2009)	<ul><li>Outcom</li><li>Patient</li><li>Care co</li></ul>	safety oordination ency care	Performance Areas Where Gaps Are Identified	

RHQDAPU = Reporting Hospital Quality Data for Annual Payment Update; HHS = US Department of Health and Human Services; VBP = value-based purchasing; FY = fiscal year. Source: Medicare Hospital Value-Based Purchasing Plan. Senate Finance Committee Roundtable, March 6, 2008.



# 2009: CMS Pays Less for Hospital-Acquired Conditions and Never Events

CMS will pay the lower DRG if the following conditions were not present on admission, or presence on admission cannot be determined based on documented clinical judgment.

#### **FY 2008 HACs**

- Foreign object retained after surgery
- Air embolism
- Blood incompatibility
- Severe pressure ulcers
- Falls and trauma
- Catheter-associated UTI
- Vascular catheter associated infection

#### **FY 2009 HAC Additions**

- Manifestations of poor blood sugar control
- Surgical site infections



- Spinal fusions (lumbar/cervical)
- Shoulder and elbow fusions and repairs
- Deep vein thrombosis and pulmonary embolism
  - Total hip and total knee replacement



<sup>\*</sup>Following CABG, certain orthopedic procedures and bariatric surgery for obesity. DRG = diagnosis-related group; FY = fiscal year; UTI = urinary tract infection; CABG = coronary artery bypass graft..

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A Call For Transparency - Balancing Quality, Value and Cost

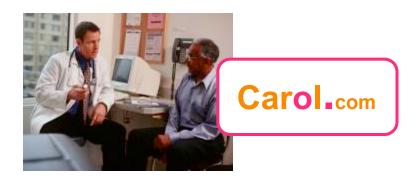


# **Transparency Creates Opportunities** and Challenges



Blue Cross
Blue Shield





Don't wait for others to profile you: Take control of your data.



## Outcomes and Costs Are Becoming More Transparent

Disc Surgery at Hospitals Within 40 Miles of Chicago, July 2006

Institution	Overall Rank	Volumes/ Year	Complications	ALOS	Cost
Neurologic & Orthopedic	1st	9th	1st	2nd	10th
Loyola University	2nd	4th	2nd	6th	1st
Northwest Community	3rd	10th	3rd	8th	1st
Good Samaritan	4th	7th	4th	10th	6th
Evanston	5th	3rd	5th	8th	6th
Northwestern Memorial	6th	6th	6th	6th	6th
Elmhurst Memorial	7th	5th	7th	4th	5th
Hinsdale	8th	2nd	8th	1st	1st
Rush-Presbyterian-St. Lukes	9th	6th	9th	3rd	6th
Edwards	10th	8th	10th	5th	1st

Source: BlueCross BlueShield of Illinois, 2006.



## Price Information Is Becoming More Common

Spectrum Health, Michigan Cost and Payment for Spine Procedures, 2008

	Cost and Payment			
Spinal Fusion, Cervical	Cost	\$13,950		
	Medicare Avg Payment	\$12,828.61		
Cervicai	Medicaid Avg Payment	\$8,082.03		
	Private Insurance Avg Payment	\$11,464.27		
Spine MRI, Cervical w/ out Contrast	Cost: Spectrum Health IP	\$1,130.59		
	Cost: OP Facility	\$983.13		
	Medicare Avg Payment	\$346.55		
	Medicaid Avg Payment	\$209.21		
	Private Insurance Avg Payment	\$792.28		

#### What's Included:

 Spectrum Health equipment fees, staff time and supplies

#### What's NOT Included:

 Physicians' fees, such as those for your surgeon, anesthesiologist, pathologist or radiologist

Avg = average; MRI = magnetic resonance imaging; IP = inpatient; OP = outpatient.

Sources: Spectrum Health, 2008; Sg2 Analysis, 2008.



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Physician-Industry Relationships – *Under Fire* 



#### Medical Device Industry's Practices Are Under Attack

A "whistle-blower" reported that the Tennessee division of Medtronic had provided kickbacks to doctors, including payments and other services; US Department of Justice (DoJ) subpoenaed the company.

A voluntary new code of ethics was adapted by AdvaMed.

5 major orthopedic device manufacturers were subpoenaed by the DoJ regarding consulting relationships with physicians; Medtronic is the only in-class member excluded.

2003 2004 2005

Medtronic reformed its ethics code and claimed the reasoning was unrelated to the subpoena; it imposed strict sanctions, limiting meals, travel and lodging inducements, and prohibited resort locations.

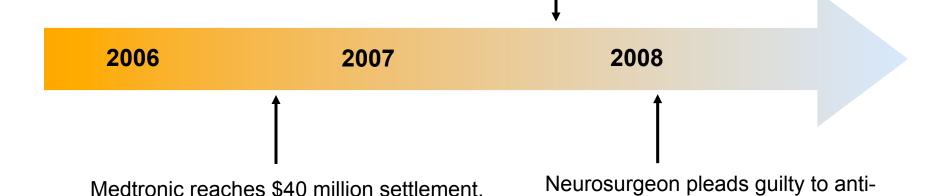
3 major cardiac device manufacturers were subpoenaed by the DoJ regarding consulting relationships with physicians.

Sg2 Analysis, 2008.

### The Beginning of New "Relationships"

In 2007, the New Jersey US Attorney's investigation into improper consulting agreements with orthopedic surgeons settled with Deferred Prosecution Agreements for Biomet, DePuy, Smith & Nephew and Zimmer, and a Non-Prosecution Agreement for Stryker.

- Total of \$311 million in penalties
- A new standard of conduct—5-year Corporate Integrity Agreement
- Federal oversight—18-month federal monitor appointed by DoJ



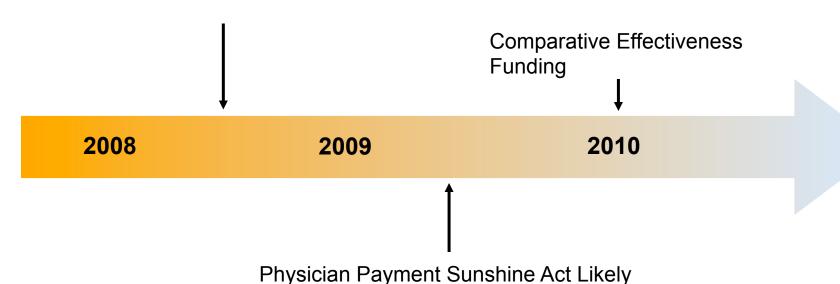
Sg2 Analysis, 2008.



kickback claim and pays \$1.5 million.

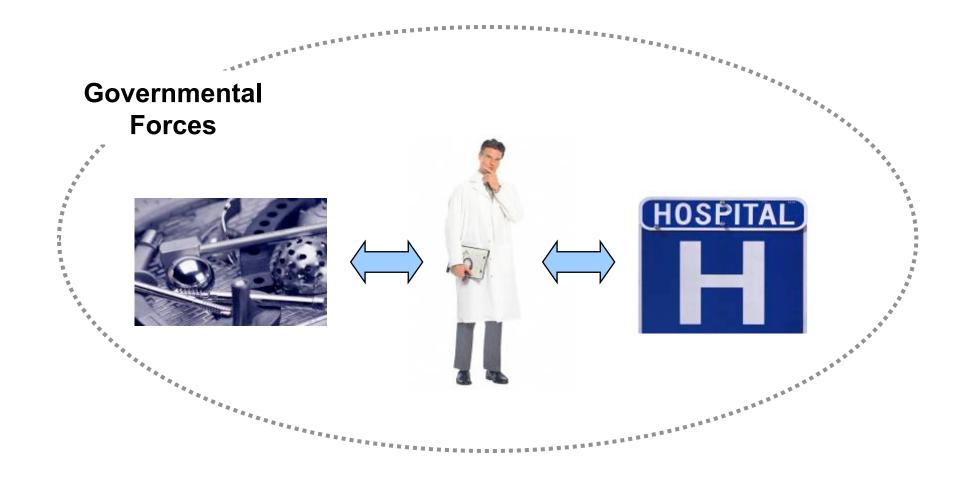
# The End Game is Transparency (and Less Money For Physicians)

The New Jersey US Attorney's investigation expands to smaller device companies and physicians



SE 2

### **Traditional Alliances May Shift**





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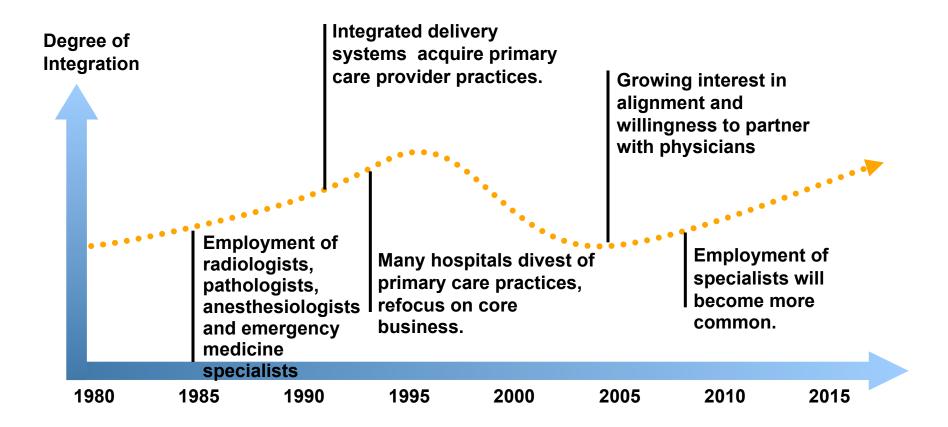
**Economic Reality** 

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Provider Collaboration – Alignment and Integration



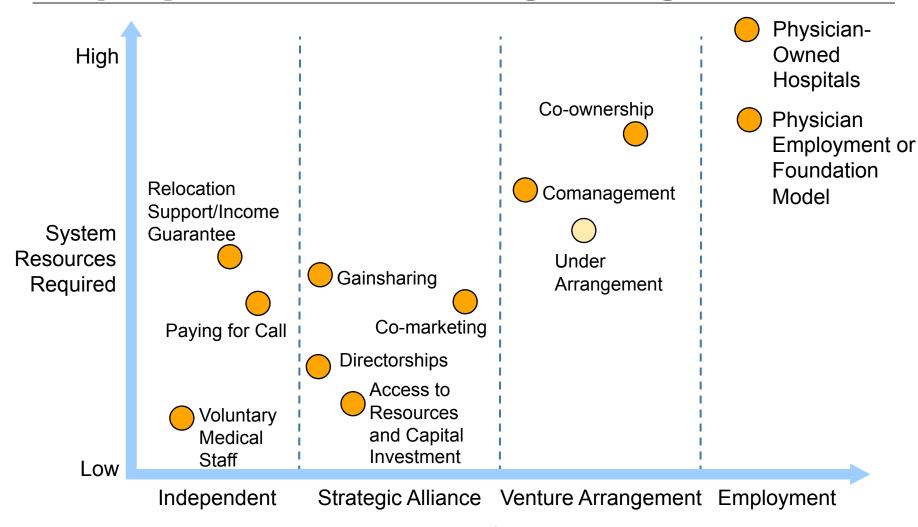
#### **Physician Integration Is Reemerging**



Sg2 Analysis, 2008.



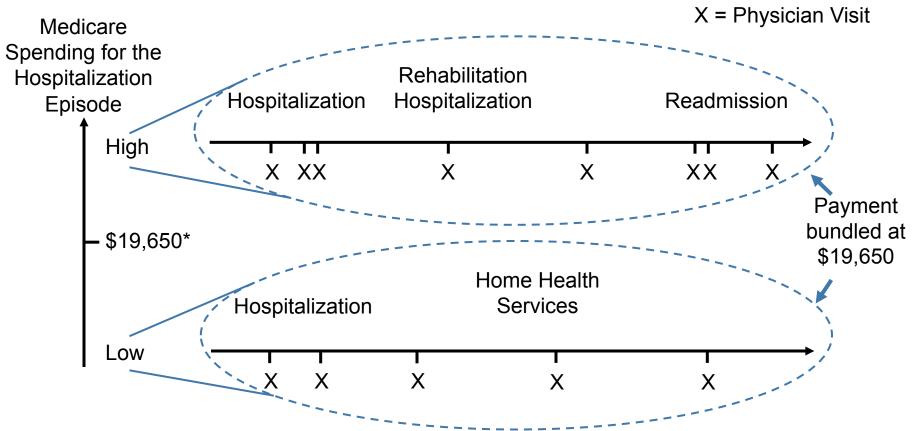
## Hospital Ownership and Physician Employment Achieve Tight Alignment



**Degree of Alignment** 

## **Bundled Payment Will Encourage Increased Provider Coordination**

By 2020, CMS will encourage increased coordination among providers.



\*2009 Medicare payment for MS-DRG 460.

Source: Moving toward bundled payments around hospitalizations. MedPAC, November 8, 2007.



#### What to Expect From the Government

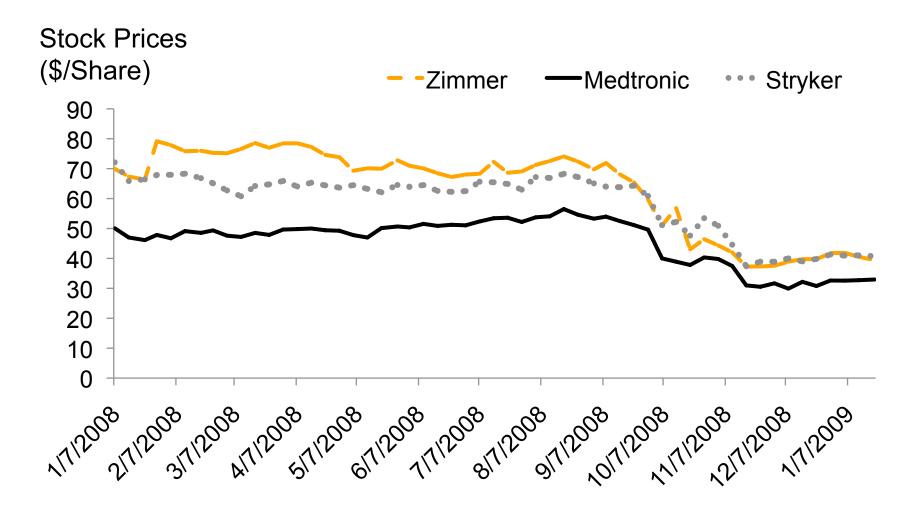
- Health care will be on the 2009 agenda.
- Economic recession, credit crisis and war will remain top priorities for Congress.
- Policies likely to pass during the next term include:
  - SCHIP funding expansion
  - Physician payment fix
  - Legislation on physician-owned specialty hospitals
  - Comparative effectiveness funding
  - FDA and NIH funding increases
  - IT initiative
- Due to cost constraints, an incremental approach or phased-in approach to comprehensive reform is likely.

SCHIP = State Children's Health Insurance Program; FDA = US Food and Drug Administration; NIH = National Institutes of Health.





## **Device Manufacturers Are Impacted by the Recession**



Sources: New York Stock Exchange, 2008–2009; Sg2 Analysis, 2009.



#### **Impacts**

- Neuromusculoskeletal services are a large component of our health cares system.
- These service lines are technologically driven.
- The current economic landscape is constricting utilization for neuromusculoskeletal services.
- Transparency and the demand for value will reduce pricing power of ortho / neuro suppliers.
- Conflict of interest concerns regarding industry and physicians are being aggressively managed.
- The government is "encouraging" physician-hospital collaboration
- Most neuromusculoskeletal disorders are not reversible.

Many patients delaying treatment today will require treatment in the future.



#### **Thank You**

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